

**MASTERCLASS ACTION GUIDE**

# 3 Massive Mistakes Parents Make with their Strong-Willed Child

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Parents with Confidence LLC 2021  
[www.parentswithconfidence.com](http://www.parentswithconfidence.com)

# Welcome to today's masterclass!

## I'm so glad you found your tribe here.

Raising a spirited strong-willed child is not for the faint of heart!  
Because you're here, I already know you are a determined dedicated parent.

### **You're in the right place if...**

- You're doing your best to raise your spirited strong willed child but it seems no matter what you do, your child seems determined to argue, not listen and challenge you at every turn.
- Many days you feel guilty at the end of the day about losing your cool and feel resentful that you have such a 'difficult' child. You wonder "Am I a bad parent?" "Do I Have a bad kid?"
- You feel stuck in a cycle of threats, punishments, and negativity, and dealing with your child's negative behaviors often clouds out the fun, joy, and love during the day.

### **You're in the wrong place if...**

- You're closed off to learning new parenting approaches and insights
- You want me to magically wave a wand and change your child, and are unwilling to consider changing some of the ways you approach things as their parent.
- Parenting is a breeze for you and your child listens easily.

## My promise to you...



I will deliver as much knowledge on gaining your swc's cooperation without breaking their spirit as I can during this free 60-minute masterclass.



Everything in this masterclass has been tested and proven to work with the families in my therapy practice as well as the hundreds of Confident & Connected students (in addition to my own family).



All course material is grounded in child development, child psychology and neuroscience research.

## In return, I ask...



That you take plenty of notes! (Learning + action = change)



That you keep an open mind and heart.



That you start to put the past behind you.



# tips for watching

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## **AVOID DISTRACTIONS**

Put your phone away, close your browser tabs, and **stay focused.**

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## **TAKE NOTES**

This is a **LIVE masterclass**, so make every moment count!

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## **SHARE**

Share comments and questions in the chat area!

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# 3 massive mistakes parents make with their strong-willed child

## **MISTAKE #1**

Getting stuck in a cycle of \_\_\_\_\_ and \_\_\_\_\_ with your child .

WHY THIS DOESN'T WORK:

## **MISTAKE #2**

Striving for \_\_\_\_\_ instead of \_\_\_\_\_.

WHY THIS DOESN'T WORK:

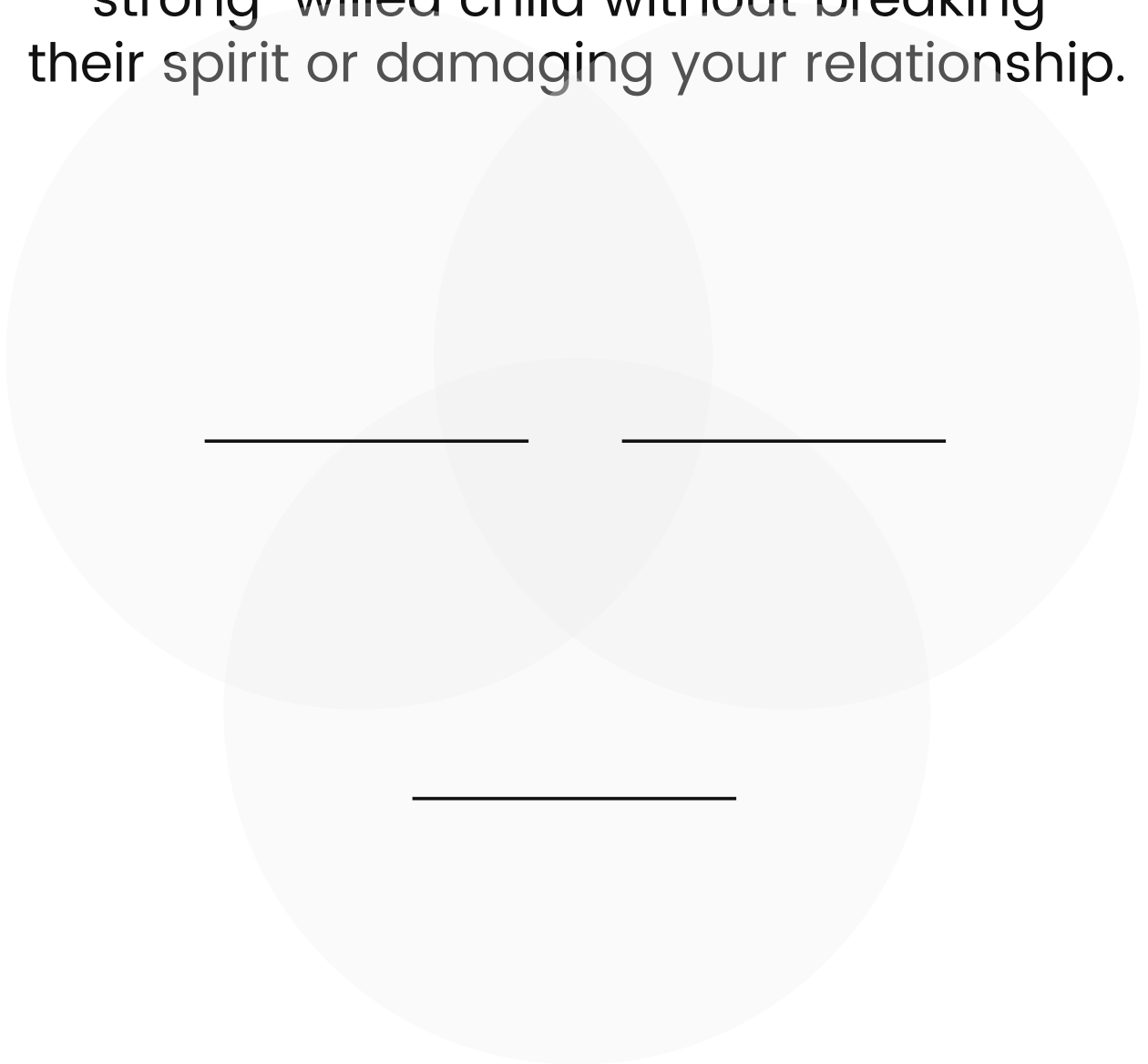
## **MISTAKE #3**

Taking your child's \_\_\_\_\_.

WHY THIS DOESN'T WORK:

# the 3-step framework

for raising a respectful + cooperative  
strong-willed child without breaking  
their spirit or damaging your relationship.



# 3-step framework cont.

## STEP #1



When it comes to how you show up in the world, it all starts with your \_\_\_\_\_. There are decades of \_\_\_\_\_ that help you better understand your child's behaviors and respond more effectively to them.

NOTES:

## STEP #2



Lead from \_\_\_\_\_, not desperation and remember, \_\_\_\_\_ is the best teacher for your child.

NOTES:

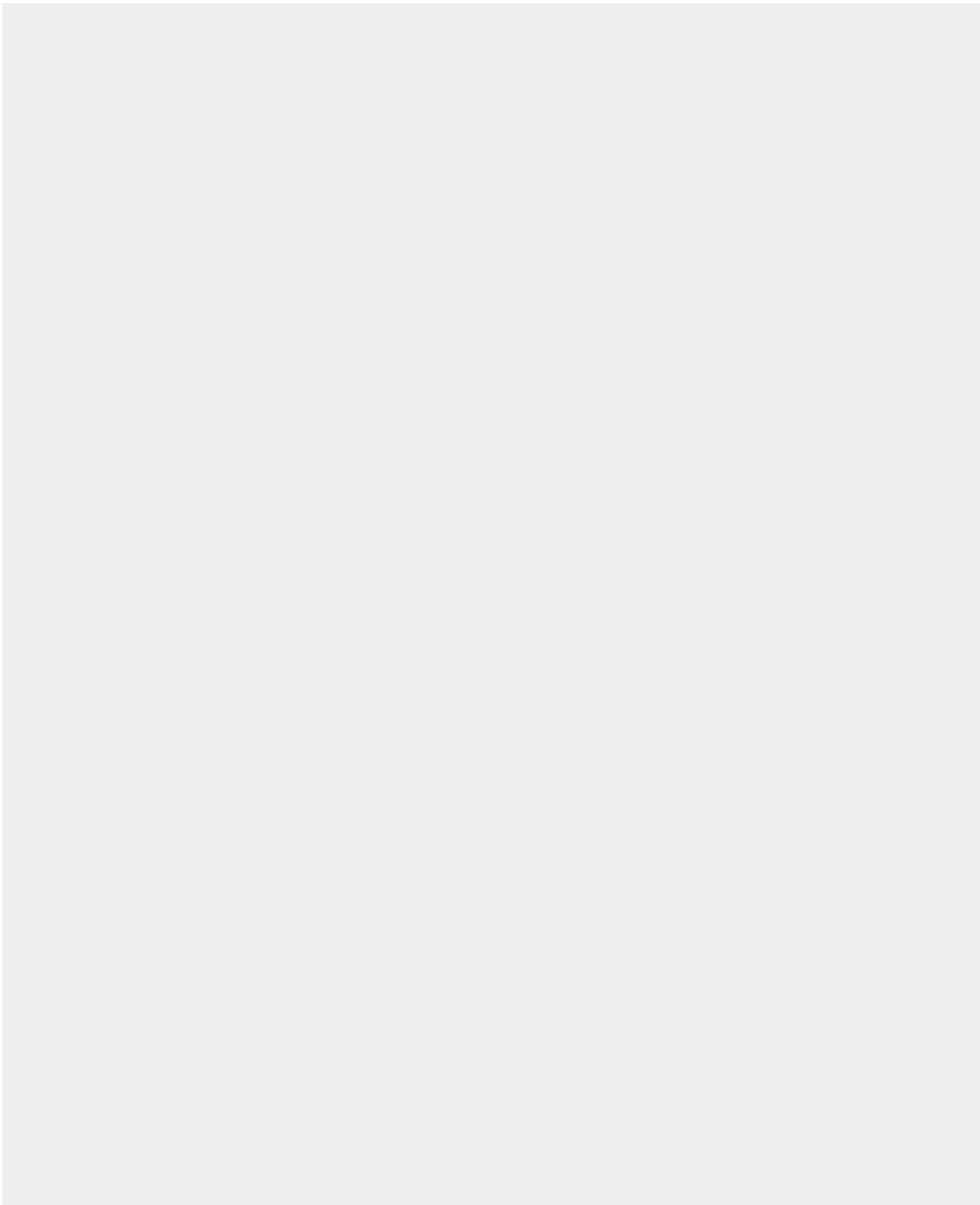
## STEP #3



The goal of discipline is to \_\_\_\_\_ and doing so provides vital life-skills for your child.

NOTES:

# notes





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*Great parents + the right tools and knowledge =  
the family life you dreamed of with your spirited child*



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